

ANNOUNCING MY DEBUT NOVELLA
THE MUNICH COWBOYS CHEERLEADERS: LEAVING CORPORATE LIFE FOR AN EXTRAORDINARY
COACHING JOURNEY ABROAD

Available for Pre-Order Now!

Hey Fitness Family,

Two years ago, I released my debut novella **The Munich Cowboys Cheerleaders** with New York Times best-selling author of *Lilac Girls* Martha Hall Kelly as an Audible Original. I am thrilled to share some exciting news with you! My debut novella, **The Munich Cowboys Cheerleaders: Leaving Corporate Life for An Extraordinary Coaching Journey Abroad** is set to be released on August 2nd, in both paperback and eBook formats. I couldn't be more excited to invite you to be a part of this journey.

Beginning July 1st – August 1st, you can pre-order (for a reduced price) **The Munich Cowboys Cheerleaders: Leaving Corporate Life for An Extraordinary Coaching Journey Abroad** and be among the first to dive into my new book based upon my true story. Pre-orders are available through the following channels: <https://shorturl.at/QzPcf> - paperback <https://shorturl.at/XDeCT> - kindle

Why Pre-order? Pre-ordering is incredibly helpful for new authors like me. It signals to retailers that there is demand for the book, which can lead to better visibility and more opportunities for promotion and best seller lists. Plus, you'll get your copy as soon as it's released.

How You Can Help:

- **Buy or download the Book:** Your support in purchasing a copy is invaluable
- **Spread the Word:** Share the news with friends, family, and fellow book lovers.
- **Leave a Review:** Once you've read *The Munich Cowboys Cheerleaders*, consider leaving a review on platforms like Amazon and Goodreads. Your feedback means the world to me and helps other readers discover the book.

I am so grateful for your support and cannot wait for you to read my new book. Thank you for being a part of this exciting milestone in my writing journey.

Cheerfully your,